

MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
TIME	Session	Session	Session	Session	Session	Session
5.50am	Bootcamp South Perth Bottom of Mends St in carpark to left facing ferry stop		Bootcamp South Perth Bottom of Mends St in carpark to left facing ferry stop		5.45 Bootcamp South Perth Bottom of Mends St in carpark to left facing ferry stop	
6am	<p>Bootcamp Yokine Wordsworth Ave, Yokine Reserve off roundabout into carpark by hockey club</p> <p>Bootcamp City Beach Off Challenger Parade to left hand side of main entrance Clancy" fish pub (used to be Oceanus)</p>	<p>Bootcamp Lake Monger http://a.co/maps/rdbk2 Park in car park off Powis St next to Bold Park school</p> <p>Bootcamp Cottesloe Allen Park - Off Kirkwood Ave in – park Clare Copse</p>	Foxy Boxing Studio 51 Edward St Osborne Park	<p>Bootcamp Lake Monger Park in car park off Powis St next to Bold Park school</p> <p>Bootcamp Cottesloe Allen Park - Off Kirkwood Ave in – park Clare Copse</p>	<p>Bootcamp Yokine Wordsworth Ave, Yokine Reserve. Off Round about.</p> <p>Bootcamp City Beach Off Challenger Parade to left hand side of main entrance Clancy" fish pub (used to be Oceanus)</p>	<p>7am Super Session 90 Min Class start 51 Edward St Osborne Park</p> <p>Boxing and cross training 90 min Super session to round out the week</p>
7.30am	Pram Yokine Same address as boot camp				Pram Yokine Same address as boot camp	
8am						Bootcamp Shelley
8.30am	<p>Pram East Fremantle Playground next to Zephyrs on Riverside Dve</p> <p>Bootcamp – STUDIO 51 Edward St Osborne Park</p>	Pram Lake Monger Bowling Club carpark off Gregory St	Bootcamp – STUDIO 51 Edward St Osborne Park	Pram Lake Monger Bowling Club carpark off Gregory St	<p>Pram East Fremantle Playground next to Zephyrs on Riverside Dve Bootcamp – STUDIO 51 Edward St Osborne Park</p>	
9.15am		Pram Lake Monger Bowling Club carpark off Gregory St		Pram Lake Monger Bowling Club carpark off Gregory St		
1pm 45 min session	Bootcamp Kings Park Roundabout in Cliff St, Kings Park				Bootcamp Kings Park Roundabout in Cliff St, Kings Park	
5pm 45 min sessions		Bootcamp Lake Monger Menzies Park, Purslowe St, Mt Hawthorn – meet at playground		Bootcamp Lake Monger Menzies Park, Purslowe St, Mt Hawthorn – meet at playground		
5.30pm	Bootcamp Shelley Top of Beatrice Ave to playground on foreshore		Bootcamp Shelley			
5.45pm		Bootcamp Menzies Park – off Purslowe St, Mt Hawthorn next to playground		Bootcamp Menzies Park – off Purslowe St, Mt Hawthorn next to playground		
6pm	<p>Bootcamp Coogee Off Cockburn Ave, on beachfront to left by playground</p> <p>BootCamp Studio session</p>		6pm Bootcamp Coogee Off Cockburn Ave, on beachfront to left by playground			

Studio sessions all held at 51 Edward St, Osborne Park. Sessions can change due to weather or trainer. Please contact info@babesontherun.com.au to book and ensure no changes have been made to your session!
Justine: 0403 933 870